



DANA LAMON, J.D.

A Professional Speaker – He has presented inspirational and motivational keynotes and workshops to audiences from Asia to South Africa and throughout the United States since 1991.

The World Champion of Public Speaking - He received this recognition from Toastmasters International in 1992.

An Accredited Speaker - He was awarded this designation in 1993 by Toastmasters International for demonstrated professionalism in public speaking.

An Author - His four books to provide the reader with information, inspiration, and motivation are: The Soul's Mirror: Reflections on the Fullness of Life; The Excellence Book: 104 Principles for Living and Working; Master the Ceremonies: The Emcee's Handbook for Excellence; Making the Moment Meaningful: Creating a Path to Purpose and Fulfillment.

A retired Administrative Law Judge - He served from 1981 to 2010.

A Graduate of Law School - He attended the Univ. of Southern California from 1974 to 1977.

A Graduate of Yale University - He attended Yale from 1970 to 1974.

A Blind Man - He has learned how to make each moment meaningful despite his visual impairment.

PRESENTING

THE FOUR E's OF EXCELLENCE

Unless you begin the task with a commitment to excellence, excellence cannot be a characteristic of the results. Excellence is not a goal; it is the process of getting to the goal.

As A Keynote (30 to 60 minutes) - Based on The Excellence Book, a speech filled with personal anecdotes and humor to entertain the audience and substance to define excellence.

As A Personal Interactive Session (1.5 to 6 hours) - Discussions and exercises on making a commitment and applying principles of excellence.

Resting On These Premises:

- You must use your present performance as the measuring point and commit to do better tomorrow.
- Your willingness to try something new is judged by your responses to the forces of comfort, competition, challenge, and change.
- You cannot get pass the barriers of despair, discouragement, or disappointment without a commitment to forward motion whatever it takes.
- You cannot give your best to what you are doing if you do not find meaning in, and have passion for, what you are doing.

